Alzheimers Home Safety Checklist for *Outside of the House*:

Yes or No

___ ___ the top and bottom of the stairs are marked with bright yellow or white tape?

___ ___ a handrail on both sides of the stairs?

___ ___ locks on windows and doors (a spare key hidden outside the home or give one to a nearby friend or neighbor)?

___ ___ extra outdoor lighting for good nighttime visibility, especially on stairs and walkways?

___ ___ all poisonous plants removed from the house and yard?

Alzheimers Home Safety Checklist for *Inside the House*

Yes or No

___ ___ the top and bottom of the stairs are marked with bright yellow or white tape?

___ ___ a handrail on both sides of the stairs?

___ ___ adequate lighting throughout the home?

___ ___ entryways, halls and floors free of clutter, extension cords and scatter rugs?

___ ___ childproof covers over plugs?

___ ___ computers and information stored on them protected (password protection)?

___ ___ doors labeled such as bedroom and bathroom?

___ ___ furniture arranged to allow easy movement through room?

___ ___ cushioning added to sharp corners on furniture and cabinets?

___ ___ monitors or intercoms in house?

___ ___ a telephone and flashlight where they are easily available?

___ ___ all hazards that might lead to tripping have been removed?

___ ___ firearms are removed from the house or stored in a locked cabinet?

___ ___ answering machine on and set it to turn on after the fewest number of rings possible?

___ ___ decals at eye level on sliding glass doors, picture windows, or furniture with large glass panels to identify the glass pane?
Kitchen:
Yes or No

___ ___ there is a working fire extinguisher?

___ ___ childproof door latches on storage cabinets and drawers?

___ ___ all household cleaning products locked away?

___ ___ matches, knives, scissors, blades, small appliances, and anything valuable locked away?

___ ___ a drain trap in the kitchen sink to catch small items?

___ ___ knobs removed from the stove or safety covers on?

___ ___ smoke alarm installed (check batteries monthly)?

___ ___ a night-light in the kitchen?

___ ___ garbage disposal dismantled?

___ ___ junk drawers are emptied (small items may be mistakenly eaten)?

___ ___ emergency contact numbers posted in plain sight?

___ ___ area rugs in front of sink or under the table are removed?

___ ___ handles of pots and pans facing towards the back of the stove?

Bathroom:
Yes or No

___ ___ door locks that can be opened from both sides?

___ ___ safety grab bars in the tub or shower?

___ ___ non-slip mats in the bath tub or on the shower floors?

___ ___ water heater to 120 degrees or less?

___ ___ all small rugs removed?

___ ___ a raised toilet seat with handrails, or install grab bars beside the toilet (assist in lowering and lifting off of the toilet)?

___ ___ a light on in the bathroom at night?

___ ___ medicine cabinet empty of all medicines (including over the counter medicines (such as cough syrup)?

___ ___ all razors removed (An electric razor is the safest to use, best used with a mirror outside the bathroom to avoid water contact)?
____ a foam rubber faucet cover (often used for small children) in the tub to prevent serious injury?

____ plastic shower stool and a hand-held shower head to make bathing easier?

____ all cleaning products removed from under the sink, and locked them away?

____ all small electrical appliances removed from the bathroom?

____ all electrical outlets covered?

____ use a single faucet that mixes hot and cold water in the shower, tub, (and sink to avoid burns?

____ drain traps in sinks to catch small items that may be lost or flushed down the drain?

**Bedrooms:**

**Yes or No**

____ a smoke detector in the patient's bedroom?

____ childproof covers over plugs?

____ an intercom device (often used for infants) to alert you to any noises indicating falls or a need for help?

____ a nightlight?

____ corner of nightstand cushioned?

____ all throw rugs removed?

____ clear straight path to doorway?

**Living/ Dining Rooms:**

**Yes or No**

____ all electrical cords out of sight?

____ all throw rugs removed?

____ furniture arranged to allow easy walkway?

____ all furniture is stable and does not move when leaned on?
Basement/ Laundry Rooms:

Yes or No

___ ___ stairs marked with bright white or yellow tape?
___ ___ all cleaning supplies in a locked cabinet?
___ ___ small appliances locked up?
___ ___ walkway free of clutter?

Garage/Sheds:

Yes or No

___ ___ power tools and other dangerous equipment where they are not accessible?
___ ___ car keys safely locked away?
___ ___ doors have double locks on them?